



Name \_\_\_\_\_ E-Mail Address \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_  
Zipcode \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ Work Phone (\_\_\_\_) \_\_\_\_\_ Cell (\_\_\_\_) \_\_\_\_\_

**MEDICAL INFORMATION**

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Family Physician \_\_\_\_\_

Do you smoke? YES/NO How often? \_\_\_\_\_ Do you live with a smoker? YES/NO

Have you been treated for: (circle all that apply)?

Acne    Depression    Skin Disease    High Blood Pressure    Cold Sores    Diabetes    Cancer

List all allergies/allergic reactions to any product: \_\_\_\_\_

List all medications that you are currently taking: \_\_\_\_\_

**PERSONAL INFORMATION**

Are you pregnant? YES/NO. Trying to get pregnant? YES/NO. Are you on hormone therapy? YES/NO. Do you get cold sores? YES/NO.

Circle your *current* level of stress: 1 2 3 4 5 6 7 8 9 10

Circle your *normal* level of stress: 1 2 3 4 5 6 7 8 9 10

Do you exercise? YES /NO. If so, how often: \_\_\_\_\_ When was your last sunburn?

\_\_\_\_\_

Do you use tanning beds? YES/NO. If yes, please explain why \_\_\_\_\_

Have you used Retin A? YES/NO. When you go out into the sun, do you: (circle one)

Always Burn (I)    Usually Burn (II)    Sometimes Burn(III)    Rarely Burn(IV)    Very Rarely Burn(V)    Never Burn(VI)

Have you ever been under the treatment of a: Dermatologist \_\_\_\_\_ Plastic Surgeon \_\_\_\_\_ Esthetician \_\_\_\_\_

What skin line are you currently using: \_\_\_\_\_ Makeup brand: \_\_\_\_\_

Do you wear an environmental protection cream daily? \_\_\_\_\_ If not, why \_\_\_\_\_

Circle how you feel about the overall quality of your skin: 1 (bad) 2 3 4 5 6 7 8 9 10 (Fantastic)

Your skin type is (circle ONLY one): Normal Dry / Dehydrated Oily Acne / Acne Prone / Rosacea

In order of importance, make a wish list of what you would like to see improved in your skin in the next 30 days

- |  |  |
|--|--|
| <input type="checkbox"/> Reduction of fine lines | <input type="checkbox"/> Reduction of brown spots/Sun Damage |
| <input type="checkbox"/> Reduction of oil/acne   | <input type="checkbox"/> Acne scars diminish                 |
| <input type="checkbox"/> Reduction of Redness    | <input type="checkbox"/> Reduce Pore Size                    |
| <input type="checkbox"/> Hair Removal Waxing     |  |

Signature: \_\_\_\_\_ Date: \_\_\_\_\_