

The new Micro needling consent



Microneedling Consent Form

Client Name:	_____
Date of Birth:	_____
Phone/Email:	_____

Procedure Information

Microneedling (also known as Collagen Induction Therapy) is a minimally invasive procedure that uses fine needles to create controlled micro-injuries in the skin. This stimulates the body's natural healing process, leading to collagen and elastin production.

Risks and Possible Side Effects

I understand that microneedling may cause:

- Temporary redness, swelling, or bruising
- Skin tightness, sensitivity, or mild discomfort
- Dryness, flaking, or peeling
- Pinpoint bleeding or scabbing
- Rare risk of infection, scarring, hyperpigmentation, or allergic reaction

Contraindications

I acknowledge that microneedling is NOT recommended for individuals who:

- Are pregnant or nursing
- Have active acne, skin infections, open wounds, eczema, or psoriasis in the treatment area
- Have used Accutane in the past 6–12 months
- Have a history of keloid scars or poor wound healing
- Are on anticoagulant therapy or have bleeding disorders

Pre-Treatment Acknowledgment

- I have not used Retin-A, glycolic acid, or strong exfoliants for at least 5 days prior.
- I have disclosed all medications, supplements, and skin conditions to my provider.

Post-Treatment Instructions

I understand that after microneedling I should:

- Avoid direct sun exposure, tanning, saunas, and strenuous exercise for 24–48 hours.
- Use only gentle cleansers and hydrating serums as recommended.
- Avoid makeup for 24 hours unless mineral-based.
- Apply SPF daily to protect healing skin.

Consent & Release

I certify that:

- I have been informed of the procedure, risks, and possible side effects.
- I understand that results vary and multiple sessions may be needed.
- I release my provider from liability associated with this procedure, except in cases of negligence.
- I have had the opportunity to ask questions, and all have been answered to my satisfaction.

Client Signature:	_____	Date:	_____
Provider Signature:	_____	Date:	_____